



**SCANDIA FIRE DEPARTMENT  
RELIEF ASSOCIATION  
2009 FUN RUN**

**WHEN:** Saturday, September 12, 2009 – Rain or Shine

**TIME:** Check-in begins at 7:00 a.m.  
1K race begins at 8:00 a.m.  
5K race begins at 8:30 a.m.

**WHERE:** Ball Field south of  
Scandia Community Center  
14727 209<sup>th</sup> Street North  
Scandia, MN 55073

Everyone is invited to the first annual Scandia Fire Department Relief Association Fun Run! Come and take in the beautiful countryside, get some exercise and support the Scandia Fire Department Relief Association. This event offers both a 5K (certified) and a 1K. All proceeds will go directly to support the Scandia Firefighters' fitness initiatives. All 1K participants ages 13 and under receive a ribbon. Top finishers of the 5K receive a medal. All participants who register in advance are guaranteed a t-shirt.

Registration can be done online: [www.active.com](http://www.active.com) (keyword: Scandia)

Remember to stay and have fun at the Scandia Taco Daze celebration, *Swedish Tales of Pioneer Trails*, featuring tacos, parade, live music, farmer's market, beer garden, dodgeball tournament, arts and crafts, and so much more!

This event is sponsored by the Scandia Fire Department Relief Association.



### Interested in Volunteering?

The Scandia Fire Department Relief Association Fun Run is looking for volunteers for Saturday, September 12, 2009. If you are interested in donating an hour or two of your time, please fill out the information below and return by September 9, 2009 to:

SFD Relief Association  
Attn: Jeff Biebl  
15040 Scandia Trail North  
Scandia, MN 55073

Name \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

-OR-

Email [scandiafire5194@frontiernet.net](mailto:scandiafire5194@frontiernet.net)

Some duties may include:

Registration

Back-up timers

Awards

Street Directors

Water Station Attendants

You will be contacted by a Committee Member. Thank you for your time!



## REGISTRATION FORM

The Scandia Fire Department Relief Association Fun Run/Walk will take place rain or shine on September 12, 2009. The 1K starts at 8:00 a.m. at Meister's; the 5K starts at 8:30 a.m. at the Ball Field south of the Scandia Community Center. No pets, rollerblades, or skateboards will be permitted.

**Participant Information:** Choose one event: \_\_\_\_\_ 1K \_\_\_\_\_ 5K

Name \_\_\_\_\_ F \_\_\_\_\_ M \_\_\_\_\_ DOB \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_@\_\_\_\_\_

Circle t-shirt size: Youth M Youth L Adult M Adult L Adult XL Adult XXL

### **Non-Refundable Registration Fee:**

\$13.95 age 13 and under; \$23.95 age 14 and up

Amount enclosed \$\_\_\_\_\_

### **Waiver and Release**

I agree that if I participate in the Scandia Fire Relief Association Race/Fun Run, referred to here as the "Event" or use any Event facility or Event Premises, I acknowledge it is a physical activity and do so at my own risk. I agree that I am participating in the Event and using Event facilities or premises and assume all risk of injury, illness, damage or loss to me or my property that might result, including, without limitation, any loss or theft of personal property. I hereby consent to receive medical treatment in the event of an injury, accident and/or illness during the Event. I agree on behalf of myself (and my personal representatives, heirs, executors, administrators, agents and assigns) to release and discharge Scandia Fire Relief Association, the Scandia Fire Department, the City of Scandia, volunteers, affiliates, all Event sponsors (and their affiliates, employees, agents, representatives, successors and assigns) from any and all claims or causes of action (known or unknown) arising out of their negligence. I acknowledge that I have carefully read this Waiver and Release and fully understand that it is a release of liability. By my signature below, I am waiving any right that I may have to bring legal action to assert a claim against Scandia Fire Relief Association, the Scandia Fire Department, the City of Scandia, volunteers, affiliates, all Event sponsors (and their affiliates, employees, agents, representatives, successors and assigns) for their negligence. No pets, rollerblades or skateboards will be permitted.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(Parent or legal guardian's signature required if under 18 years of age.)

**Return completed and signed form, along with check or money order payable to:**

SFD Relief Association  
Attn: Jeff Biebl  
15040 Scandia Trail North  
Scandia, MN 55073